

Getting Ready

Directions: Think about these questions and write or type your answers below. You can use this plan as you go through the “Make a Plan” section of the Study Guide or after you have finished it.

1. Which test will you be taking?

2. How long is the test? Will you take the whole test in one day?

3. When do you want to take the test? Will you have enough time to study all three sections – math, reading, and writing?

4. Have you taken a standardized test on a computer before? If not, have you taken other tests that are similar? What can you do to feel more comfortable using a computer for this test?

5. Do you have problems with learning, seeing, writing, or typing? Do you need or want to ask for extra time or another *alternative testing arrangement*?

6. Do you have any questions about Test Day or testing policies? What are they? Where will you find an answer? For example, the Study Guide, a book, a website, a staff member at your college, or friends or family members.

7. How do you learn best? (You can choose more than one *learning style*?)

Auditory. I learn best by *hearing, speaking, and listening*.

Kinesthetic. I learn best by *doing, moving, and touching*.

Visual. I learn best by *seeing, watching, and reading*.

What are a few study tips or things you can do to study that may work well because of your learning style?

8. How high is your *test anxiety*? What symptoms do you have when you are worried or anxious? For example, does your stomach hurt? Do you sweat a lot? Do you have trouble remembering things?

9. What do you usually do to relax? What would you like to try in the future to reduce your test anxiety?

10. What are your academic strengths? For example, are you organized? Are you creative? DO you have experience taking tests in the past? Are you able to learn quickly? Do you feel confident about math, reading, or using a computer?

11. What are some things you could improve? For example, doing math without a calculator, reading more quickly, reducing test anxiety.

12. Name three things that might make it difficult for you to study. For example, do you have free time? Do you have work or family responsibilities?

13. What are some things you could do to make it easier for you to study? For example, can you plan to study at the same time every day? Can you study on the bus or train? Can your family or friends help?

14. Who can you talk to about the test? Who can you ask for help when you need it?

Make Your Plan

Based on your current schedule and what you can predict will come up before the test, create a timeline of what you need to do and when.

For example,

- Find a testing center
- Register for the test
- Check the library for practice tests and books
- Form a study group
- Take a pre-test
- Learn about the content of the test
- Study math, reading, writing

Two or more months before the test...
One month before the test...
Two weeks before...
One week before...
Two days before...
The day before...
The day of the test...

Studying by Section

There is a pretest in the Study Guide. After you take this test, use this Study Plan to make a plan for what you need to study in each section.

Reading

Topics to Study	What do I need to have or do to study?

Writing

Topics to Study	What do I need to have or do to study?

Math

Topics to Study	What do I need to have or do to study?