

STRENGTHS, WEAKNESSES, PROBLEMS, AND SOLUTIONS

Directions: Fill in the chart below with strengths, weaknesses, problems, and solutions.

EXAMPLE:

STRENGTHS I can type very well. I love reading. I am very organized.	WEAKNESSES I have trouble doing math without a calculator. I can't sit still for very long.
PROBLEMS I don't have a lot of time to study because of my family. I have to work.	SOLUTIONS I can ask a friend to take care of my kids once a week after work. I can take frequent, short breaks when I study.

STRENGTHS What are your strengths? What can you already do?	WEAKNESSES What can you improve? What can you do better?
PROBLEMS What are some things that might make it difficult for you to study and do well on the test?	SOLUTIONS What can you do to improve your weaknesses? What can you do to solve some of the problems?